

PANDEMIC INFLUENZA



UTAH PREPARES INDIVIDUALS AND FAMILIES

BE INFORMED:

- Listen for pandemic influenza updates on TV or radio.
- Pandemic influenza may be very different than regular influenza.
 - More people may get sick.
 - People may have very severe illness.
 - Currently, there is no vaccine for pandemic influenza.
- A pandemic may change the way we live our lives.
 - People who are sick may be required to stay home.
 - Schools and daycares may be closed to prevent the spread of disease.
 - Social gatherings (such as church or other events) may be cancelled.

TALK TO YOUR PEOPLE:

- Tell your family about pandemic influenza and discuss your plans.
- Talk to your family about practicing “respiratory etiquette,” how pandemic influenza is spread and what they can do to protect themselves and family members.

HAVE A PLAN:

- Make sure your family has a disaster kit. A disaster kit should contain items such as a first aid kit, ready to eat foods, sanitation supplies (toilet paper, soap) and tools and emergency supplies such as a flashlight.
- Stock up on disposable tissues and alcohol-based hand sanitizer.
- Make a list of:
 - Current medical problems
 - Drugs that you take (including how often and how much)
 - Your allergies, especially to drugs** Do this for every member of your family.*

FOR MORE INFORMATION

CALL: _____

